

## CARE OF MY POSSESSIONS

**Objective:** To raise awareness of the importance of caring for my possessions and pets.  
To be able to empathise with other living creatures.  
To recognise how our behaviour affects other people.  
To recognise that there are different types of teasing and bullying and that bullying is wrong.

**Key Words:** imitate, eventually, frustration, inhumane, mango, mysterious, nasty, precious, rejected, undesirable

**Curriculum Links:** Citizenship and PSHE at KS1:1a,b,c. 2 a,c. 4a,e. Literacy: Drama

**Materials needed:**

- The Manual or copy of lesson plan
- Silent sitting exercises from the 'Introduction' Manual
- CD player
- CD with music for silent sitting
- CD with music for the song
- Copies of the drama script

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### QUOTATION/THEME FOR THE WEEK



**TREAT ALL THINGS CAREFULLY**

Discuss what this means to you.

### SILENT SITTING

Steps 1, 2 (See pages 19/20 or page 36 of the 'Introduction' Manual)

Step 5: Think of all the things that you have that makes life happy ...

Your toys and games ... your pets ... your home ...

How important they are ...

How important to keep them all carefully, and not hurt or damage them ...

Think of all the things at school ... your classroom ... your table and chair ...

How important it is to keep them clean and tidy and not damage them ...

Feel happy that you treat things carefully ...

Step 6.

## STORY TELLING

### SENA AND BOBBY

*by Elizabeth Frimpong*

**T**here once lived a boy in Africa called Sena who was eight-and-a-half years old. When he had been much younger he had been so naughty that he could not keep a place in a nursery school for more than three days. He had been rejected by so many nurseries that his mother thought that it would be better for him to stay at home. Even the nannies she hired to help got fed up with him and his grandmother had to take responsibility for him.

Sena, would jump from table to table imitating monkeys. He would use a knife to split open the furniture in the living room, use long sticks to scratch cupboards, hit people with them and then run off. Eventually his mother had to pack up all the precious decorations and lock them up in a safe place. He never slept in the afternoon and was always the first to get up in the morning, especially at the weekends when his parents wanted to lie in. He got up early and he made sure that nobody else could sleep. He would sneak into people's bedrooms and blow hot air into their ears and noses to wake them up. He thought it great fun, but his behaviour was not funny to others.

One day he asked his mother, "Mum, could you buy me a cat?"

His mother turned round in anger and frustration and said, "What! You? You have broken all your toys, and all your sister's and you want what! A cat! A living animal! How can *you* look after a cat? The answer is NO!"

Sadly Sena walked away because he knew she was right. Days went by and he approached his mother again about the same subject and the answer was always the same.

"No! No! No! Not a living animal. You would ill-treat it or even kill it."

Sena turned to his younger sister who was standing behind him. She said "Mum, you are right, he would kill it." To his mother's surprise, Sena said nothing and walked away.

A third time he asked, his mother said to him, "I will think about it." Again he walked sadly away, but with a bit of hope. All those weeks he was quiet and miserable and his mother watched him. Everyone was surprised that Sena had shown some feelings. His mother decided to surprise him, but to be watchful, so did his grandmother and the others.

Then at last his mother came home from work with a lovely little cat. Sena jumped up and down for joy and said, "Hello, Bobby. Hey, lovely Bobby." He was excited and happy. He was over the moon. He had already decided on the name he was going to give to it. He fed it, played with it and was very kind to Bobby. For a while Sena was happy with his cat, but not for long.

He had not had the cat for more than a week when Bobby was dropped in a tank full of water. Luckily his grandmother was there to save it from drowning. During the next two days, Sena played all sorts of nasty jokes on the cat so his mother decided to take it away.

Then something mysterious happened. That very afternoon, Sena fell asleep under a shady mango tree in the garden. Bobby went to lie by his head. It was a good thing Sena was fast asleep. He had a strange dream. In the dream he saw himself turning into a cat and Bobby turned into a boy like him. The boy started playing practical jokes on him and he experienced all the nasty things which he had done to Bobby. Again in the dream he saw a girl like his sister, very calm and peaceful watching them. The little girl started to sing, "Don't do that to the poor Pussy Cat . No! No! No! No! No!" He woke up in a sweat, trembling with fright. The dream had been so lifelike. He was so shaken that he started to cry. Sena gently picked up Bobby determined that they were going to be really good friends again.

"You are my friend. I am going to be your friend," he promised.

And from that moment, he kept his word and not just to Bobby. His family, friends and even teachers, noticed and enjoyed Sena's change of heart. At first everyone was surprised, but slowly they forgot the old Sena, his cruelty and his unpleasant habits, and they all lived happily together.

#### QUESTIONS:

1. Why was Sena unable to keep a place at nursery school?
2. How did he behave at home?
3. What did his mother say when he asked for a pet cat?
4. Why did she eventually buy him one?
5. How did he treat the cat during the first week?
6. What happened to the cat after the first week?
7. What made Sena change his behaviour?
8. How did you feel when you heard the story?
9. Does it remind you of anything in your own life?

#### GROUP SINGING

##### THE BODY SONG

*(music by Stuart Jones, lyrics by Sara John)*

Let my head feel peace,  
Let my eyes see good,  
Let my mouth speak only truth.  
Let my hands always help,  
Let my feet move to serve,  
Let my self be always used by my heart,  
Always full of love.  
*(Repeat)*

## GROUP ACTIVITY

### 1. DRAMA

#### SENA AND BOBBY

*The scene is set in in Africa*

*Cast:*     Narrator  
              Grandmother  
              Mother  
              Sena  
              Sister  
              Cat

*Narrator:* There once lived a boy in Africa called Sena who was eight-and-a-half years old. When he had been much younger he had been so naughty that he could not keep a place in a nursery school for more than three days. He had been rejected by so many nurseries that his mother thought that it would be better for him to stay at home. Even the nannies she hired to help got fed up with him and his grandmother had to take responsibility for him.

*Grandmother:* Sena, do you have to jump from table to table imitating monkeys? Last week, you used a knife to split open the furniture in the living room, and the week before I found you using long sticks to scratch cupboards. Our neighbour complained that you had used one of the sticks to hit people passing by and then you ran off and hid! Do you really think that is a nice way to behave? How would you feel if you were treated like that?

*Mother:*         I will have to pack up all our precious decorations and lock them up in a safe place. If only Sena would sleep in the afternoon, we might have some peace for a little while.

*Grandmother:* If only he wasn't always the first to get up in the morning, we could get some work done early.

*Mother:*         Yes, we would appreciate a lie-in at the weekends too! But he gets up so early and he makes sure that nobody else can sleep. He sometimes even sneaks into people's bedrooms and blows hot air into their ears and noses to wake them up. He thinks it great fun, but his behaviour is not funny to others. And it's particularly embarrassing when we have friends staying.

*Sena:*            Mum, could you buy me a cat?

*Mother:*         *[turning round angrily]* What! You? You have broken all your toys, and all your sister's, and you want what? A cat! A living animal! How can you look after a cat? The answer is NO!

*Narrator:* Sadly Sena walked away because he knew she was right. Days went by and he approached his mother again about the same subject, but the answer was always the same.

*Mother:* No! No! No! Not a living animal. You would ill-treat it or even kill it.

*Sena:* *(turns to his younger sister who is standing behind him)* Tell Mum we should have a cat. You'd like one too.

*Sister:* Mum, you are right. He would kill it!

*Narrator:* But, to his mother's surprise, Sena said nothing but just walked away. Later, he asked again and then a third time.

*Mother:* I will think about it.

*Narrator:* Again he walked sadly away, but with a bit of hope. All those weeks he was quiet and miserable and his mother watched him. Everyone was surprised that Sena had shown some feelings. His mother decided to surprise him, but to be watchful. Then at last his mother came home from work with a lovely little cat.

*Mother:* I have a surprise for you, Sena. I have got you the cat you wanted.

*Sena:* *[jumping up and down in joy]* Hello Bobby. Hey, lovely Bobby.

*Grandmother:* He's so excited and happy! He's over the moon! He's already decided on the name he is going to give to it.

*Sena:* I'll feed it, and we can play together and I'll be very kind to Bobby.

*Narrator:* For a while, Sena was happy with his cat, but not for long. He hadn't had Bobby for more than a week when he accidentally dropped him in a tank full of water.

*Grandmother:* Thank goodness I was there to save it from drowning!

*Narrator:* During the next two days, Sena played all sorts of nasty jokes on the cat.

*Mother:* I've decided to take the cat away tomorrow.

*Narrator:* Then something mysterious happened. That very afternoon, Sena fell asleep under a shady mango tree in the garden. Bobby went to lie by his head. It was a good thing Sena was fast asleep.

*Sena:* I had a strange dream. In the dream, I saw myself turning into a cat and Bobby turned into a boy. The boy started playing practical jokes on me and I experienced all the nasty things that I had done to Bobby.

Again, in the dream, I saw a girl like my sister, very calm and peaceful watching us. The little girl started to sing, “Don’t do that to the poor pussy cat . No! No! No! No! No!” I woke up in a sweat, trembling with fright. The dream had been so lifelike. I was so shaken that I started crying.

*Narrator:* Sena gently picked up Bobby.

*Sena:* I’m determined that we’re going to be really good friends again. You are my friend. I am going to be your friend, I promise.

*Narrator:* And from that moment, he kept his word and not just to Bobby. His family, friends and even teachers noticed and enjoyed Sena’s change of heart. At first, everyone was surprised. But slowly they forgot the old Sena, his cruelty and his unpleasant habits, and they all lived happily together.

**QUESTION:**

How did you feel when you heard, saw or acted in the drama?

## **2. Game: The Questionner**

Children sit in a semi circle with one person - the Questionner - in the centre.

The questionner asks someone a question.

When he answers, he must answer truthfully, but not use the words Yes or No.

Anyone answering Yes or No must then say what value is in the question e.g.

Walking to school is good exercise (right conduct).

The Questionner then asks the next person a question, and so on.

The questions must be kept coming quickly.

Decide how many questions you want the Questionner to ask before you change and another person goes in the centre and becomes the Questionner.

### ***Example questions:***

Did you get up early this morning?

Did you walk to school this morning?

Did your mum bring you?

Have you a brother or sister in this school?

Will you play football at the weekend?

Are you feeling in a good mood this morning?

Is the sun shining?

Do you have school dinners?

Are you a vegetarian?

Do you sit near the teacher in class?

Do you wear school uniform?

Do you like designer clothes?

Do you recycle what you don’t need?

Do you have a pet? How do you care for it?

Have you any Wellington boots?

Have you ever been to the seaside?

Can you swim?

**Close the lesson:** If the teacher wishes, the lesson can be closed by asking the children to form a circle and say, “I will be kind in how I treat others.”