Value: Love Lesson M1.9

ACCEPTANCE

Objective: To stimulate thinking about the things they like and dislike. To recognise, to name them and deal with their feelings in a positive way. To understand that household products, including fireworks, can be harmful if not used properly

To accept that rules for, and ways of, keeping safe are needed.

Key Words: accept, bonfire, celebrating, cancel, complaints, director, disappointed, display, exploding, factory, partying, potatoes, sparklers

Curriculum Links: Citizenship & PSHE at KS1: 1a,b,c. 2a,c. 3f, g. Literacy: Drama; Science: Safety with chemicals including fireworks

Materials needed:

- The Manual or copy of lesson plan
- Silent sitting exercises from the 'Introduction' Manual
- CD player
- CD 1 track 27 (music for silent sitting) or Silent Sitting CD
- CD M1 for the song
- Copies of the drama script

QUOTATION/THEME FOR THE WEEK

I'M OKAY, YOU'RE OKAY



Discuss a way in which you might practise this.

SILENT SITTING

Steps 1, 2 (See pages 19/20 or page 36 from the 'Introduction' Manual)

Step 5: As you sit comfortably, think ...

What things do I like the smell of? ... What things don't I like the smell of? ...

What things do I like the taste of? ... What things don't I like the taste of? ...

What things do I think are beautiful? ... What things don't I think are beautiful?

What things do I think feel nice to touch? ... What things don't I like to touch?

What sounds do I enjoy hearing ... What things don't I like to hear? ...

Enjoy being you, NOW - accept things you can't change ...

Feel contented and happy ...

Everything is there in nature for our happiness if only we look and find it ...

Feel alive ... feel happy ... accept that things are okay and feel contented.

Step 6.

THE FIREWORKS PARTY

by Tessa Hillman

When the fireworks were called off
The kids felt mad or sad.
Didn't understand the reason
Thought the adults acted bad.

amir had been looking forward to the fireworks party for weeks. He had heard that every year the local factory had a big fireworks display for the people in the town. He and his friends all planned to go along. Afterwards they would have some sparklers and a bonfire of their own in Samir's back garden. Everyone was talking about it. Samir's mum said they could wrap potatoes in foil and cook them in the bonfire. She promised she would cook sausages and beans to go with the potatoes. Samir couldn't wait.

Two days before bonfire night Mr. Barker, the director of the factory, died. Everyone was shocked. The bonfire night was cancelled. People didn't think it would be right to be celebrating at such a sad time.

Samir did not know the director and he could not understand why the bonfire night had to be cancelled. At school the next day everyone was talking about it. Everyone was terribly disappointed. Samir had never seen a big firework display. His friends had described the rockets shooting high into the sky and exploding into bursts of different coloured stars. The children were all feeling very fed up now there was to be no firework display.

Mrs. Lewis, Samir's class teacher did not live nearby so she had not heard the news about the fireworks being cancelled. She listened to the children's complaints and said she could understand how disappointed they must have been feeling. Then she asked what they thought could be done about it.

"Tell the factory people to do the fireworks night!" shouted Melissa. Several children cheered.

"But what would Mr. Barker's family and workers feel if the party went on, do you think?" asked Mrs. Lewis.

"They might think it was rude of everyone to be partying when they were feeling sad," said Suzie.

"That's true," said Samir, beginning to understand. "It was stopped for a good reason."

Mrs. Lewis agreed. "I think we have to accept that it has been cancelled and think about other things that we could do instead of just complaining."

"We could write to the factory and say we are sorry Mr. Barker has died, and ask if perhaps we could have the fireworks in a few weeks time," suggested Samir.

"We could all draw a card for Mr Barker's family," said Suzie. "It was nice getting cards from people when my Gran died and we were feeling sad."

"We could have our own bonfire and sparklers and food, and see the big show next Bonfire Night," said Tim.

So the children made cards for Mr. Barker's family and wrote to the factory to ask for the show to go on the following year. They didn't moan and complain any more.

"What's the point of moaning and being unhappy when you can't change things," said Samir philosophically. "My grandad says always look on the bright side of things. I think he's right!

When the fireworks were called off
The kids felt mad or sad.
Didn't understand the reason
Thought the adults acted bad.

Teacher explained what had happened To a family left feeling blue. The fireworks man had passed away. That changed the children's point of view.

So when things don't turn out your way
Take a positive point of view
Find out what caused the problem
And see what you can do.

QUESTIONS:

- 1. What name would you give the story?
- 2. Why was Samir so disappointed?
- 3. What did Mrs. Lewis say?
- 4. What did the class suggest be done?
- 5. What did Suzie suggest they do?
- 6. What did Tim suggest?
- 7. What did Samir say at the end?
- 8. How did you feel as you listened to the story?
- 9. Does the story remind you of anything in your life?

GROUP ACTIVITY

1. DRAMA

THE FIREWORKS PARTY

The scene is set at Samir's home and school a week or so before Bonfire Night

Cast: Narrator

Samir

Mum

Mrs. Lewis Melissa Suzie Tim

Poet

Narrator: Samir had been looking forward to Bonfire Night for weeks. He had heard that, every year, the local factory had a big fireworks display for the people in the town. So he and his friends all planned to go along. Afterwards, they would have some sparklers and a bonfire of their own in Samir's back garden. Everyone was talking about it.

Mother: We can wrap potatoes in foil and cook them in the bonfire. And I'll cook some sausages and beans to go with them.

Samir: Oh, it's so exciting. I can't wait for Bonfire Night to come!

Narrator: But something terrible happened. Just two days before bonfire night, Mr. Barker, the director of the factory, died. Everyone was shocked. The bonfire night was cancelled. People didn't think it would be right to be celebrating at such a sad time. But Samir was so disappointed, he didn't understand...

Samir: I don't know Mr. Barker. Just because he was the director of the factory I don't understand why the bonfire night has to be cancelled. It's not fair!

Narrator: At school the next day everyone was talking about it. Everyone was terribly disappointed.

Samir: I've never seen a big firework display before.

Melissa: It's wonderfully pretty with all the coloured lights going off in lovely patterns.

Tim: The rockets shoot high into the sky and explode into bursts of silver and gold stars.

Suzie: I'm really fed up now that there's not going to be a firework display.

Melissa: So are we all!

Mrs Lewis: I just heard the news about the fireworks being cancelled. I'm so sorry, children, that you have been disappointed.

Narrator: The teacher listened to the children's complaints patiently.

Mrs Lewis: I am really sorry this has happened, but now it has, what do you think can be done about it?

Melissa: Tell the factory people to do the fireworks night! [cheers from the others].

Mrs Lewis: But what would Mr. Barker's family and workers feel if the party went on, do you think?

Suzie: They might think it was rude of everyone to be partying when they were feeling sad.

Samir: That's true. I'm beginning to understand now. I suppose the party has been stopped for a good reason.

Mrs Lewis: I agree, Samir. I think we have to accept that it has been cancelled and think about other things that we could do instead of just complaining.

Samir: We could write to the factory and say we are sorry that Mr. Barker has died.

Suzie: We could all draw a card for Mr. Barker's family. It was nice getting cards from people when my Gran died and we were feeling sad.

Tim: Bonfire Night only comes once a year. Maybe we could have our own bonfire and sparklers and food this year, and see the big show next Bonfire Night.

Narrator: So the children made cards for Mr. Barker's family and wrote to the factory to ask for the show to go on the following year. They didn't moan and complain any more

Samir: What's the point of moaning and being unhappy when you can't change things. My Grandad says always look on the bright side of things. I think he's right!

Poet: Read the poem from the story

QUESTION:

How did you feel as you listened to, saw or acted in the drama?

2. Pass the Parcel

To prepare the parcel ensure it comprises of as many layers as there are children in the class so that each child has a turn.

Between each layer of the parcel, there should be an activity for the child to perform before the class.

Sit the children in a circle.

Play some music as the parcel is passed around the group from child to child. When the music stops the child holding the parcel unwraps the first layer only and finds the activity to perform.

After completing his/her turn, the child sits at the side to watch the others.

The only prize in the middle would be something simple and healthy, such as an apple or two. If the 'prize' is big enough the last child can be encouraged to share it with the others.

3. Art and Craft work:

Make a card for someone to cheer them up.

GROUP SINGING

LET IT BE
(lyrics by Carole Alderman)

Let it be then
Let it be then
Let things be just as they are.
If we can't change them
We'll accept them
And be happy as we are.

Sung to the tune of Clementine

Close the lesson: If the teacher wishes, the lesson can be closed by asking the children to form a circle and say to the child on either side, "I will think loving thoughts and behave helpfully towards you."