The Related Values



TRUTH

Accuracy Curiosity Discernment Fairness Fearlessness

Honesty Humility Integrity Intuition Justice

Optimism
Owning up
(Confessing)
Purity
Quest for knowledge

Reason Self-analysis Self-awareness Sincerity Spirit of enquiry

Synthesis
Trust
Truthfulness
Determination
Unity of thought, word
and deed



LOVE

Acceptance Affection Care Compassion Consideration

Dedication Devotion Empathy Forbearance Forgiveness

Friendship Generosity Gentleness Humanness Interdependence

Kindness Patience Patriotism Reverence Sacrifice

Selflessness Service Sharing Sympathy Thoughtfulness

Tolerance Trust



PEACE

Attention
Calm
Concentration
Contentment
Dignity

Discipline Equality Equanimity Faithfulness Focus

Gratitude Happiness Harmony Humility Inner Silence

Optimism
Patience
Reflection
Satisfaction
Self-acceptance

Self-confidence Self-control Self-discipline Self-esteem Self-respect

Sense control Surrender Understanding Virtue

The Related Values



RIGHT CONDUCT

Self-help skills:

Care of self Diet Hygiene Modesty Posture

Tidy appearance Self-reliance Care of possessions

Social skills:

Good behaviour
Good manners
(Politeness)
Good relationships
Helpfulness
Not wasting

Ethical skills:

Code of conduct Courage Dependability Duty Efficiency

Ingenuity Initiative Perseverance Punctuality

Resourcefulness Respect for all Responsibility



NON-VIOLENCE

Psychological:

Benevolence Concern for others Co-operation Forbearance Forgiveness

Good manners Happiness Loyalty Morality Universal compassion

Social:

Appreciation of other cultures and religions Appreciation of Nature Brother/Sisterhood Care of the environment Citizenship

Equality Harmlessness National awareness Perseverance Respect for property

Social justice Not wasting Recycling

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