## **SCHEMES OF WORK**

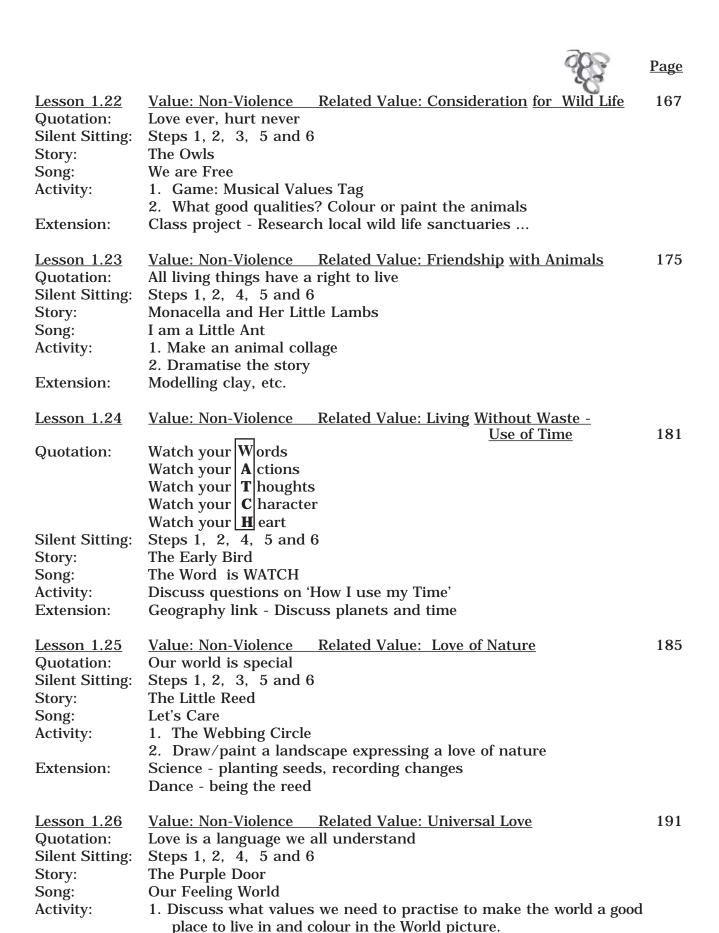
Lesson 1.1 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Introducing the Programme 5 values poem Steps 1, 5 and 6 The Thirsty Crow Peace, Joy, Love on Earth One thing we have in common Poem	<u>Page</u> 57
Lesson 1.2 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Value: Truth Related Value: Telling the Truth Always tell the truth Steps 1, 2, 5 and 6 Tammy's Tummy Ache Never Tell A Lie Speak Easy Flowchart	61
Lesson 1.3 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Value: Truth Related Value: Fearlessness Face your fear, and it will disappear Steps 1, 2, 5 and 6 Freddie becomes Fearless Who's Afraid of the Big Bad Wolf? Singing Circle Game Curriculum links - Looking at fears	67
Lesson 1.4 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Value: Truth Related Value: Humility I am okay, you are okay Steps 1, 2, 5 and 6 The Hare and the Tortoise (An Aesop's Fable)/ The Sailor Man Our Mother Teresa Affirmation Ant Construction exercise/The Okay Tree	71
Lesson 1.5 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Value: Truth Related Value: Love of Learning Learning is fun Steps 1, 2, 4, 5 and 6 Fun at the Library I Love Learning Discuss values we need to practise Write values on Mountain picture and colour in / Make poster Researching topics in the library e.g. human body	77
Lesson 1.6 Quotation: Silent Sitting: Story: Song: Activity: Extension:	Value: Truth Related Value: Owning Up Owning up to the truth can save a lot of worry Steps 1, 2, 4, 5 and 6 The Red Cloth We are Learning Human Values, One by One Game: Everyone who Pair work on overcoming difficulties Group discussion on safety in the home	83

	and the second s	<u>Page</u>
Lesson 1.7	Value: Love Related Value: Being Loving	89
Quotation: Silent Sitting: Story: Song: Activity:	Start the day with love, Fill the day with love Steps 1, 2, 4, 5 and 6 Surya, the Water Carrier If You Wish for Love 1. Good Posture Game.	
Extension:	<ol><li>Fill in and colour background of Surya's village.</li><li>Cultural link - Parents share experiences abroad</li></ol>	
Lesson 1.8	<u>Value: Love</u> <u>Related Value: Compassion</u>	95
Quotation: Silent Sitting: Story: Song: Activity:	The Wounded Bird Kookaburra  1. Related values and Dolphin picture.  2. Make cut out bird and write on its wings some values connected to love and thread on strings	
Extension:	Crossing the road	
Lesson 1.9	<u>Value: Love</u> <u>Related Value: Consideration</u>	101
Quotation: Silent Sitting Story: Song: Activity: Extension:	Consideration for others is the key to harmony Steps 1, 2, 4, 5 and 6 The Doctor's Knobbly Bag Consideration 1. Role play how to help the injured. 2. Make a card for someone who is not well. Literacy - Heart of consideration	
Lesson 1.10	<u>Value: Love</u> <u>Related Value: Friendship</u>	105
Quotation: Silent Sitting: Story: Song: Activity: Extension:	If you see someone without a smile, give them one Steps 1, 2, 5 and 6 What is a Friend? Make New Friends 1. Group work: Valuing friendship. 2. Activity Sheet: Why I love my friend. Geography and Cultural link - Friends from around the world	
Lesson 1.11	<u>Value: Love</u> <u>Related Value: Sharing Love</u>	109
Quotation: Silent Sitting: Story: Song: Activity: Extension:	You are Welcome Steps 1, 2, 5 and 6 A New Baby is Coming To All the Little Children 1. Paint or draw a picture: "Love is like a colour" 2. Circle Dance: The Greetings Dance (Enas Mythos) Literacy hour - Time line pictures	

	57	<u>Page</u>
Lesson 1.12	<u>Value: Peace</u> Related Value: Being Even Tempered (and dealing with Bullying)	113
Quotation: Silent Sitting: Story: Song: Activity: Extension:	The busy bee has no time for sorrow Steps 1, 2, 4, 5 and 6 Bad Mood Molly in the Morning When we find we're in a Mood 1. In pairs: A happy incident to share 2. Draw a cartoon depicting stopping bullying. Scrapbook	
<u>Lesson. 1.13</u>	<u>Value: Peace</u> <u>Related Value: Contentment</u>	119
Quotation: Silent Sitting: Story: Song: Activity: Extension:	If you are contented, you are never poor Steps 1, 2, 4, 5 and 6 Goldie, the Goldfish The Body Song 1. Test your Listening - The Pebble Game 2. Discuss values we need to practise for peace. 3. Write them on the Peace Tree and then colour it. Science link: Waterlilies Appreciating local natural environment / guest speaker	119
Lesson 1.14	<u>Value: Peace</u> <u>Related Values: Patience and Self-discipline</u>	125
Quotation: Silent Sitting: Story: Song: Activity: Extension:	Being kind brings peace of mind Steps 1, 2, 4, 5 and 6 Tom's Peace of Mind Peace is Flowing through Me 1. Being kind to animals - colour the pictures 2. Listen to some music, describe what you see/feel. Reviewing the ground rules and goal setting	
<u>Lesson 1.15</u>	<u>Value: Peace</u> <u>Related Value: Self Esteem</u>	131
Quotation: Silent Sitting: Story: Song: Activity: Extension:	Know that you are a blessing to yourself and you will be a blessing to others Steps 1, 2, 4, 5 and 6 The Solitary Song I Am the Way I Am Draw a T-shirt. Write on it what you like about yourself. Literacy hour: Letter to parents sharing something special	
Lesson 1.16	<u>Value: Peace</u> <u>Related Value: Virtue</u>	135
Quotation: Silent Sitting: Story: Song: Activity: Extension:	It's better to give than to get Steps 1, 2, 4, 5 and 6 St. George and the Greedy Dragon We Wish You Love and Peace Good Steps Game History link - great soldiers Geography link - Look up the places in story	

	01	<u>Page</u>
<u>Lesson 1.17</u>	Value: Right Conduct Related Value: Care of Myself	141
Quotation: Silent Sitting: Story: Song: Activity: Extension:	It is not only the food I eat, that nourishes my body and mind, but also what I see and hear that feeds and makes me what I am.  Steps 1, 2, 4, 5 and 6.  Watching TV  Right Action Song  1. Talk about favourite TV programmes  2. List programmes that inspire or teach values  Exploring a healthy lifestyle and balanced diet	141
Lesson 1.18	Value: Right Conduct Related Value: Courage	145
Quotation: Silent Sitting: Story: Song: Activity:  Extension:	Courage is staying to help when you'd rather run away.  Steps 1, 2, 4, 5 and 6  Raj's Sister Falls off a Cow  Come and Take my Hand  1. Dramatise story  2. Discuss values we need to practise Then write them in the balloons on the Clown and colour in the picture  Farmyards - sights, sounds and smells	143
Lesson 1.19	Value: Right Conduct Related Value: Good Relationships	151
Quotation: Silent Sitting Story: Song: Activity: Extension:	Treat others as you would like to be treated yourself. Steps 1, 2, 5 and 6 The New Boy A Little Love Draw round hand and write how to help a new child Design welcome leaflet for new pupils	
<u>Lesson 1.20</u>	Value: Right Conduct Related Value: Helping those in Trouble	155
Quotation: Silent Sitting: Story: Song: Activity: Extension:	Hands that help are holier than lips that pray Steps 1, 2, 4, 5 and 6 Dafydd, the Welsh Dragon It's Splendid, It's Super Good Samaritan Game Busy Bee - Helping Diary Discuss: Nature is in balance	
Lesson 1.21	Value: Right Conduct Related Value: Politeness	161
Quotation: Silent Sitting: Story: Song: Activity: Extension:	Good manners cost nothing, but are worth a lot Steps 1, 2, 5 and 6 John is Polite Good Manners 1. The Ladder Game 2. The Polite Cherries: To be polite just say things right. Role play a story of your own where the main character is polite	

10



2. Make up a slogan about 'Love for Our World'

Poster - being kind to Mother Earth

SSEHV: Schemes of Work for Ages 6 - 8 Years

Extension: